

Menu Online: www.marysvillechristian.org

REGULAR BOX

For fourteen years, Angel Food has provided balanced nutrition and variety through its regular box, with enough food to feed a family of four for a week.

- 1.5 lb. Top Sirloin Strip Steaks (4 x 6 oz.)
- 2 lb. Boneless Skinless Chicken Breast
- 3 lb. Breaded Chicken Chunks
- 1.5 lb. Boneless Pork Filet
- 20 oz. Supreme Pizza
- 1 lb. Ground Turkey
- 1 lb. Cheddar Cheese Bratwurst Sausage
- 1 lb. Green Beans
- 1 lb. Stir Fry Vegetables (Broccoli & Bell Peppers)
- 35 oz. Crinkle-cut Fries
- 32 oz. Borden 2% Reduced Fat Shelf Stable Milk
- 7.5 oz. Macaroni & Cheese
- 15 oz. Pork & Beans
- 7 oz. Chicken-Flavored Rice & Vermicelli
- 1 lb. Pinto Beans
- One Dozen Eggs
- One Dessert Item

\$30.00

SENIOR BOX (anyone can order)

All ten individual meals are fully-cooked and labeled complete with heating instructions – just heat and serve. Each meal has no added sodium, is low in fat, and is nutritionally balanced for seniors with 3 oz. of protein, two vegetables or fruit, and a starch.

Chicken Parmesan with side of Spaghetti with Marinara, Green Beans and Garlic Bread

Herb Roasted Chicken Quarter with Herb Gravy, White Rice, and Peas & Carrots

BBQ Chicken Quarter with BBQ Sauce, Black-Eyed Peas, Greens and Apple Sauce

Baked White Fish with Asian Sweet Pepper Sauce, Vegetable Fried Rice, Broccoli, and Pineapple chunks

Chicken Cacciatore Quarter, Creamy Rosemary Red Potato Quarters, Italian Green Beans, and Diced Peaches

Roast Beef and Brown Gravy (Pot Roast), Noodles, Carrot Coins and Collard Greens

Beef Meatloaf with Brown Herb Gravy, Mashed Sweet Potatoes, Peas & Mushrooms and Wax Beans

Beef Lasagna with Tomato Sauce, Broccoli, Diced Peas, and Garlic Bread & Butter

Oven Roasted Turkey Breast with Sage Gravy, Bread Dressing, Creamed Diced Potatoes, Green Beans and Cranberry Sauce

Chicken Stew with Chicken, Potatoes, and Tomatoes; Celery & Carrots, Brown Rice, Apple Sauce and a Biscuit

\$25.00

One or More Specials Available Only with the Purchase of Either of the Boxes Above

SEPTEMBER SPECIAL #1

6 lb. Assorted Meat Grill Box

\$20.00

- 1.5 lb Ribeye Steaks (3 x 8 oz.)
- 2 lbs Boneless Pork Roast
- 1.5 lbs Beef Short Ribs
- 1 lb All Beef Burgers (4 x 4 oz.)

SEPTEMBER SPECIAL #2

5 lb. Steak and Meat Combo

\$20.00

- 1.5 lb. Kansas City Strips (2 x 12 oz.)
- 1.5 lb. Bone-In Ribeye Steaks (2 x 12 oz.)
- 2 lb. All Beef Hamburger Steaks (4 x 8 oz.)

SEPTEMBER SPECIAL #3

10 lb. Party Wing Special Box

\$20.00

- 10 lb. Unbreaded IQF Party-style Chicken Wings

SEPTEMBER SPECIAL #4

10 lb. "5 for 4" Dinner Box

\$20.00

Five big 2 lb. dinner meals, each will feed a family of four. All dinners are fully-cooked – just heat and serve!

- 2 lb. Stuffed Green Peppers with Beef and Rice
- 2 lb. Chicken Breast with Rice, Broccoli & Cheese
- 2 lb. Beef Steak Patties with Gravy and Onions
- 2 lb. Meatloaf and Gravy
- 2 lb. BBQ Chicken with Hickory Sauce & Mashed Potatoes

- 3 lb. Bag of Red Delicious Apples
- 4 lb. Bag of California Valencia Oranges
- 2 lb. Bag of Large Yellow Onions
- 1 lb. Bag of Carrots (Cello-wrapped)
- 4 lb. Bag of Large Idaho Baking Potatoes
- 1 Large Green Cabbage
- 4 Bartlett Pears
- 4 Tennessee Vine-Ripened Tomatoes
- 1 Celery Stalk (Cello-wrapped)
- 12 oz. Black Beans (Dried)

**Orders Taken at Marysville Christian Church,
17000 Waldo Rd. Marysville, OH 43040 937.642.9838**

Sept. 10th 6-7:30 PM; Sept. 11th Noon to 1 PM and
Sept. 14th 11:30 AM to 1 PM. (Final Day to Order).

You may also place an order at
St. Joseph Catholic Church 670 W. Main St., Plain City
on Wednesday, Sept. 3rd from 6-7:30 PM

All orders will need to be picked up
@ Marysville Christian Church.

Distribution Day: Saturday, Sept. 27th 11 AM to 1 PM

We accept cash, money orders (made payable to
Marysville Christian Church), or Food Stamps (EBT).
We do not take personal checks, debit or credit cards

SEPTEMBER SPECIAL #5

Fresh Fruit and Veggie Box

\$19.00